



PIMA COUNTY HEALTH DEPARTMENT
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FOR IMMEDIATE RELEASE

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**PIMA COUNTY HEALTH DEPARTMENT RECEIVES
FIRST SHIPMENT OF H1N1 VACCINE**

Tucson, Arizona – October 7, 2009 – The Pima County Health Department has received approximately 9,000 doses of the live viral nasal spray H1N1 vaccine. The fact that the first vaccine received is the live viral formulation complicates the picture for distribution because most of the target groups cannot accept this vaccine.

Health Department staff will be offering the H1N1 FluMist vaccine to the targeted populations during regular immunization clinics. The targeted groups who can accept this H1N1 vaccine are **healthy** children and young people aged 2 through 24 years, health care workers under age 50, and adults who are less than 50 years old and take care of infants under 6 months of age. By healthy, we mean people who have none of the underlying conditions that may increase the chance for complications of a flu infection.

This live viral form of the vaccine is not recommended for use in pregnant women nor for those suffering from chronic medical conditions or are immunocompromised.

We are urging everyone to get their seasonal flu vaccination and the H1N1 vaccine when it becomes more readily available. Folks are also asked to follow the often repeated recommendations to wash hands often, stay home if sick, cover coughs and sneezes and make a plan on how you or your family will respond to illness should it strike your household.

For more information, please log onto www.pimahealth.org

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